

FACULTY

**Lenore T. Coleman, Pharm. D., CDE,
FASHP**

Chartered Family Health Center Health
Education Program
Washington, DC

Jeffrey Unger, MD

Chino Medical Group Diabetes and Headache
Chino, CA

Eileen R. Chasens, DSN, RN

University of Pittsburgh School of Nursing
Pittsburgh, PA

Brandon Allard, MD

Sanford Endocrinology
Sioux Falls, SD

Connie Manderscheid, RPh.

Avera Midlife Care for Women
Sioux Falls, SD

Karen Garnaas, MD

Neurology Associates
Sioux Falls, SD

MRCDE

Mt. Rushmore Chapter of Diabetes Educators (MRCDE), a member of AADE, is dedicated to advancing the role of the diabetes educator and improving the quality of diabetes education and care.

Opportunities MRCDE provides:

- Current information to enhance knowledge and skills
- Networks for exchange of information
- Collaborative relationships between individuals and organizations
- Access to national resources
- Involvement in legislative issues impacting diabetes care.

SCHEDULE

THURSDAY, SEPTEMBER 11

9:00-10:30 am	MRCDE Business Meeting
10:30-11:00 am	Registration & Welcome
11:00 am-12:00 pm	Diabetes and Hormones: Identifying the Connection, Seeking Alternative Options <i>Connie Manderscheid, RPh.</i>
12:00-1:00 pm	Lunch
1:00-3:00 pm	Sleepless in South Dakota: A Barrier to Self- Management of Diabetes <i>Eileen Chasens, DSN, RN</i>
3:00-3:30 pm	Vendor Break
3:30-5:30 pm	Diabetes and Obesity <i>Lenore Coleman, Pharm. D., CDE</i>

FRIDAY, SEPTEMBER 12

8:00-9:00 am	Neuropathic Manifestations in Diabetes <i>Karen Garnaas, MD</i>
9:00-9:45 am	Breakfast & Vendor Break
9:45-10:45 am	Can the Natural Course of Type 2 Diabetes Be Changed? <i>Jeffrey Unger, MD</i>
10:45-11:15 am	Identification and Manage- ment of Patients with Latent Autoimmune Diabetes of Adulthood (LADA) <i>Jeffrey Unger, MD</i>
11:15 am-12:15 pm	Thyroid and Diabetes Management <i>Brandon Allard, MD</i>

CONTINUING EDUCATION

"This continuing nursing education activity was approved by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation."

Registered Dietitian credits are on the Portfolio System.

REGISTRATION FORM

Registration is required to attend.
Participants are responsible for their own
hotel accommodations. Call the Holiday Inn
City Centre at 605-339-2000 or out of state
call 1-800-465-4329 to reserve rooms.

Please print or type:

Name: _____

Title (health care discipline):

Facility: _____

Address: _____

City/State/Zip: _____

Telephone: _____

Registration Fee:

MRCDE Member: \$25 _____

Non-MRCDE Member: \$75 _____

Please mark your choice of entrée for the
luncheon on Thursday, September 11:

_____ Pan-seared salmon

_____ Herb grilled chicken breast

Indicate any food allergies, so that we
may attempt to accommodate your meal:

Make check payable to:

MRCDE

Attention: Mary Haan

200 W. St. Andrews Drive

Sioux Falls, SD 57108

**Registration Deadline:
September 5, 2008**

Please dress appropriately. Room temperature varies.

About this conference...

Goal: To provide participants with information on current clinical care and education issues for persons with diabetes.

Target Audience: Healthcare professionals interested in advancing their knowledge related to diabetes and diabetes education.

Objectives:

- Describe normal sleep in adults and methodologies used to assess normal sleep and sleep disorders.
- Identify factors associated with insufficient sleep duration and sleep fragmentation that are associated with the development of obesity, metabolic syndrome and type 2 diabetes.
- Describe the psychological results of sleep disorders that become obstacles to effective self-management of diabetes.
- Discuss the pathogenesis of type 2 diabetes.
- Discuss the pathogenesis of Latent Autoimmune Diabetes of Adulthood.
- Explain the rationale for the goals of obesity treatment that are to (a) reduce body weight, (b) maintain a lower body weight over the long term, and (c) improve obesity-related co-morbid conditions and reduce the risk of future comorbidities.
- Describe the recommendations for lifestyle management of diabetes and obesity.
- Identify the influences of thyroid function on metabolic control.
- Recognize neuropathic symptoms in the metabolic patient.
- Identify the effect of hormones on diabetes control.

Mt. Rushmore Chapter of Diabetes Educators
% Avera McKennan Diabetes Center
800 E. 21st Street
P.O. Box 5045
Sioux Falls, SD 57117-5045

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Diabetes 2008:

The Multiple Connections of Diabetes

September 11-12, 2008

Holiday Inn City Centre
100 W. 8th Street
Sioux Falls, South Dakota

Presented by:

MRCDE

